Summary of Chapter 7

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Word count:

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In the article of Reading #1, Egendorf (2013) introduced performance-enhancing drugs which are some matters can improve athletes’ performance in competition. Two types of drugs are anabolic steroids and amphetamines. There are other methods can improve performance which do not include drugs such as human growth hormone and blood doping. Most athletes who take drugs because they can get benefits if performing well in the competition. After mid of the 1980s, people started to worry about the health impact and consider the use of drugs in competition is cheating. Some people argue that those drugs have less impact in competition and they think the competition is unfair because of the difference between individuals. The third group of people thinks that legalizing drug use is the best. Finally, the author indicated that it’s unfair for people from different background to compete with each other regardless of the usage of drugs.

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In the article of Reading #2, Kayser, Mauron, and Miah think performance-enhancing drugs should be legalized because it could increase the athletes’ risk of death and chronic diseases. The authors believe the rules nowadays which does not ban

References

Egendorf, L.K. (2013) Performance-Enhancing Drugs in Modern Athletics. In J. Williams. *LEAP advanced: reading and writing* (pp. 152-156). Montreal: Pearson.

Kayser, B., Mauron, A., & Miah, A. (2013) Reading 2: Some Performance-Enhancing Drugs Should Be Legalized.In J. Williams, *LEAP advanced: Reading and writing* (pp. 158-160). Montreal: Pearson.